

\* = required field

LAST NAME\*

FIRST NAME\*

BIRTHDATE\*  /  /  AGE\*  SEX\*

ADDRESS\*

ADDRESS (line 2)

CITY\*  STATE\*

POSTAL CODE\*  -  COUNTRY

PHONE / DAY\*  -  -

PHONE / NIGHT

EMAIL

T-SHIRT\*       Shirts (unisex) for Runnin' O' the Green and Padden Triathlon only.

**TEAMS: Please complete a separate form for each team member**

## Competitor's Agreement

### I will:

- Adhere to race specific rules (drafting, headphones, COVID, etc.).
- Respect the rights of others to use public spaces.
- Respect my fellow competitors
- Be responsible for my own equipment.
- Be respectful of others using parks and obey park rules.
- Obey all local rules and regulations
- Dispose of waste appropriately.
- Inform an official if withdrawing from an event.
- Keep my pets off the course during competition.
- Strive to be a positive ambassador for my sport.
- Be respectful to event staff and volunteers.
- Grant my permission to the City of Bellingham and its sponsors to use photographs, motion pictures, personal data, recordings, or any other record of this event for legitimate purposes.

I realize I am competing at my own risk and have read and will follow the above expectations allowing for my own safety and that of others.

## Events and Payment Method

### Events See Opposite side for entry fees

3/14 Runnin' O' the Green ----- \$  
☐ 5K ☐ 12 and under  
☐ 8K

8/21 Padden Triathlon ----- \$  
☐ Long Course ☐ Check for Relay (+\$20)  
☐ Short Course

8/1 Youth Triathlon ----- \$  
☐ Division 1 ☐ Division 3  
☐ Division 2 ☐ Check for Relay (+\$5)

6/8- 8/30 All-Comer's Track & Field ----- \$  
☐ Individual

Total Payment \$

### Payment

- ☐ Check (payable to BP&R)
- ☐ Cash (walk-in only)
- ☐ Credit Card (on-line: cob.org/races)
- ☐ Credit Card (walk-in only)

Credit cards may be used on-line (cob.org/ezreg) or in person with a completed registration form. Phone registrations for these events are not accepted.



### Refund Policy

These programs are not eligible for refund or transfer. With documentation, participants may apply for an exception in the event of death, disability or deployment.

Participants must sign the following prior to competition.

I/We realize no insurance coverage is provided for the participants, will assume financial responsibility for any costs relating to any accident/injury that may occur while participating in the above named program. Furthermore, I will not hold the City of Bellingham, employees, volunteers, or anyone otherwise involved in named programs responsible for any accident/injury that may occur. I have read and agree with the Competitor's Agreement.

I HEREBY AFFIRM THAT I HAVE READ THIS DOCUMENT AND UNDERSTAND ITS CONTENT.

PRINT NAME Competitor \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PRINT NAME Parent/Legal Guardian (if < 18 years old) \_\_\_\_\_ SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**Bellingham Parks & Recreation**  
**210 Lottie Street**  
**Bellingham, WA 98225**  
**(360) 778-7000**  
**Lromo@cob.org**  
**cob.org/races**

# Bellingham Parks & Recreation 2020 Race Series

## **Runnin' O' the Green March 13-21**

A fun St. Patrick's Day event finishing in time for the parade downtown. Choose between the 5K run/walk or 8K run.

## **Padden Triathlon August 21**

A staple for Whatcom County athletes. Perfect for newbies, seasoned veterans and multi-generational families. Relay teams welcome.

## **All Comer's Track & Field July 26 - August 30**

If you have children in Whatcom County you should join us Monday evenings for exercise, fun and community.

## **Kid's Fest Postponed to 2022**

A big free fair style event highlighting health and recreational opportunities for kids.

## **Bellingham Youth Triathlon August 1**

Serving Bellingham's youth triathletes since 1999. Three divisions, start times and distances serving kids 5 to 13 years old.

For more information contact  
Bellingham Parks & Recreation

210 Lottie St.  
Bellingham WA 98225  
(360) 778-7000

or

Lromo@cob.org

**cob.org/races**

### Runnin' O' the Green Saturday, March 13-21

Events: Virtual 5K walk/run & 8K run  
Start: 10 a.m.

Fees: \$25

Max: 1200

Time Limit: 1 hour

### Padden Triathlon Saturday, August 21

Events: Long Course & Short Course Sprint triathlons  
Start: Long 8:30 a.m. & Short 1:00 p.m.

Fees: (Teams +\$20) April: \$50 / May: \$60 / June: \$70  
July: \$80 / August: \$100 - No day of race registration  
Max: 250/race  
Time Limits: Long Course 3 hrs. / Short Course 2.5 hrs.

### All Comers Track & Field Mondays, June 15 through August 17

Events: hurdles (<13), sprints, shot, javelin, discus, mini-jav, long jump, high jump, etc.  
Start: 6 p.m.  
Fees: Day Pass \$5

### Bellingham Youth Triathlon Sunday, August 1

Events: Division 1: 11-13, Division 2: 9-10  
Division 3: 8 & under

Start: Division 1: 9a.m., Division 2: 10a.m., Division 3: 11a.m.  
Fees: (Teams +\$5) April: \$10 / May: \$15 / June: \$20  
July: \$ 25 / Registration closes July 29  
Max: 24/division

Kids Fest is postponed until 2022



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**Bellingham  
Parks & Recreation**