

Allcomers Meet Records-Master List

Event	Age Group	Record	Name	Year
Men's 50m	4 & under	9.54s	Quinten Johnson	2006
	5-6	8.56s	Trevor Johnson	2009
	7-8	7.14s	Joseph Adams	2006
	9-10	6.58s	Zachary Donahue	2006
	11-12	6.59s	Kalien Hayes	2010
Women's 50m	4 & under	8.20s	Makenna Fowler	2006
	5-6	8.23s	Austyn Brown	2006
	7-8	7.5s	Adriana Phillips	2016
	9-10	7.02s	Allison Smith	2004
	11-12	6.0s	Natalya Schwetz	2014
Men's 100m	4 & under	15:31s	Peter Albert	2010
	5-6	16.75s	Rudy Zurcher	2013
	7-8	13.0s	Jaden Fritsch	2009
	9-10	11:83s	Camden Steven	2012
	11-12	12.9s	Thomas Evans	2001
	13-14	11.47s	Reed Henderson	2009
	15-16	10.84s	Issiah White	2012
	17-18	11.0s	Nick Williams	2000
	19-29	10:09s	Phillip Charbanneau	2010
	30-39	11.5s	Eric Dudley	2012
	40-49	11.63s	Lorenzo Hill	2012
	50-59	12.9s	Armando Brionez	2009
	60 & up	14:00s	Armando Brionez	2011
	Women's 100m	4 & under	22.4s	Holly Knutsen
5-6		17.5s	Keara Sweitzer	1998
7-8		14.21s	Makenzie Eby	2004
9-10		13.07	Adriana Phillips/Lily Jude	2017
11-12		12.5s	Jasmine Wharton	2009
13-14		12:63s	Desirce Amaral	2012
15-16		12.6s	Kayla Mellott	1999
17-18		12.5s	Kacie Fischer	2002
19-29		12.3s	Amy Cameron	1996
30-39		14.2s	Robin Eldore	2008
40-49		13:68s	Daphne Scott	2009
50-59		14:19s	Daphne Scott	2011
60 & up		16.06s	Sally Hileman	2014
Men's 200m	4 & under	45:12s	Peter Albert	2010
	5-6	31.1s	Jordan Fletcher	2004
	7-8	31.1s	Matt Ensslen	1996
	9-10	29:11s	Elijah Diacagiannis	2012
	11-12	24.75s	Kailen Hayes	2010
	13-14	24.7s	Mike Rawlins	1999
	15-16	22.6s	Matt Clifford	2000
	17-18	22.5s	Ben Salisbury	2000
	19-29	21.8s	Eric Dudley	2006
	30-39	23.5s	Eric Dudley	2012
	40-49	24:72	Laurent Birade	2009
	50-59	25.4s	Grant Lamote	1995
	60 & up	29:48s	Chris Portman	2012
Women's 200m	4 & under	52:13s	Greta Watson	2012
	5-6	38.9s	Alison Smith	2001

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Event	Age Group	Record	Name	Year
	7-8	32.28s	Adriana Phillips	2015
	9-10	30.5s	Natalya Schwetz	2012
	11-12	27.6s	Natalya Schwetz	2014
	13-14	27.9s	Carrie Larson/Randi Donahue	1996/2008
	15-16	27.0s	Kayla Mellott	1999
	17-18	25.8s	Kacie Fischer	2002
	19-29	25.8s	Karen Olson	1995
	30-39	30.5s	Hanna Santamaria	2002
	40-49	28:16s	Daphne Scott	2009
	50-59	30.36s	Daphne Scott	2014
	60 & up	32.5s	Diane Polmason	1999
Men's 400m	4 & under	1:53s	Jason Brown Jr.	2004
	5-6	1:23s	Jordan Fletcher	2005
	7-8	1:14s	Jordan Fletcher	2007
	9-10	1:11s	Thomas Evans	1999
	11-12	1:02.9s	Stephen Foster	2004
	13-14	54.3s	Cody Bermuth	1995
	15-16	53.6s	Brandon Hill	2000
	17-18	51.9s	Brandon Hill	2001
	19-29	47.8s	Eric Dudley	2006
	30-39	53.3s	Dan Bell	1995
	40-49	53:5s	Laurent Birade	2009
	50-59	57:5s	Jeff Seelly	2011
	60 & up	71.88s	Armando Brionez	2011
Women's 400m	4 & under	1:54s	Elisabeth Fuller	2004
	5-6	1:33s	Paige Pearson	1996
	7-8	1.17s	Adriana Phillips	2015
	9-10	1:14s	Evelyn Keaty	2015
	11-12	1:04.2s	Becca Friday	2003
	13-14	1:01.8s	Carrie Larson	1996
	15-16	1:01.2s	Kristen Garcia	2015
	17-18	1:01.4s	Kacie Fischer	2002
	19-29	1:03.9s	Amber Larson	1999
	30-39	1:06.5s	Vonda Sterk	1999
	40-49	1:05.5s	Amanda Shearer-Hannah	2013
	50-59	1:15s	Teresa Westfall	2010
	60 & up	1:17s	Diane Polmason	1999
Men's 800m	4 & under	3:58s	Kagan Sloane	1996
	5-6	3:13s	Jordan Fletcher	2005
	7-8	2:42s	Jordan Fletcher	2007
	9-10	2:36s	Xander Koenig	2016
	11-12	2:19.7s	Grant Mauthey	1999
	13-14	2:08s	Langston Engle	2011
	15-16	2:02s	Jacob Hollander	2009
	17-18	1:57.3s	Nathan Goodwin	2012
	19-29	1:53.43s	Justin Kent	2012
	30-39	2:03s	John Collins	2006
	40-49	2:09.6s	Jack Prestrud	1998
	50-59	2:07.1s	Henry James	2010
	60 & up	2:49s	Armando Brionez	2011
Women's 800m	4 & under	4:20.78s	Meg Clarke	2012

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Event	Age Group	Record	Name	Year
	5-6	3:25s	Amy Vicic	2003
	7-8	2:59s	Rosie Kirker	2010
	9-10	2:37s	Colleen Butler	2000
	11-12	2:26s	Emmie Sullivan	2014
	13-14	2:19s	Kristen Garcia	2015
	15-16	2:25s	Kristen Kolstad	2001
	17-18	2:21s	Ally Ginther	2012
	19-29	2:24.60s	Amber Larson	2002
	30-39	2:31s	Lindsey Halik	2016
	40-49	2:39s	Missy Nelson/Hanna Santamaria	2003
	50-59	2:48.70s	Theresa Westfall	2011
	60 & up	2:44s	Diane Polmason	2000
Men's 1500m	7-8	5:50s	Jordan Fletcher	2007
	9-10	5:25s	Deon Clifford	2005
	11-12	4:47.6s	John Rodeheffer	2009
	13-14	4:36s	John Rodeheffer	2011
	15-16	4:16s	John Rodeheffer	2013
	17-18	4:08s	Thomas Broatch	2016
	19-29	4:05s	Paul Kezes	1999
	30-39	4:10s	John Collins	2005
	40-49	4:18s	Dave Reed	1995
	50-59	4:36s	Bill Rodeheffer	2012
	60 & up	5:36:63s	Armando Brionez	2013
Women's 1500m	7-8	6:36s	Carla Widman	1998
	9-10	5:33s	Serena Tyran	2013
	11-12	5:09s	Ruby Watson	2011
	13-14	4:50s	Ruby Watson	2013
	15-16	4:58s	Camille Connelly	1998
	17-18	4:58s	Bobeya Krishnek	2002
	19-29	5:02s	Ari Lee	2008
	30-39	5:11s	Chris Ashby	1999
	40-49	5:15.5s	Catie Rodeheffer	2012
	50-59	5:58s	Teresa Westfall	2010
	60 & up	5:53s	Diane Polmason	1999
Men's 3000m	9-10	11:47.6s	Jeff Widman	1996
	11-12	10:33.9s	Joel Pearson	1999
	13-14	10:09s	Joel Pearson	2000
	15-16	9:25.7s	Tomm Johnson	1998
	17-18	9:24s	Nathaniel Harrison/Mark Burke	2000/2005
	19-29	9:40s	Jeff Christner	1999
	30-39	9:13.4s	Doug Whan	1996
	40-49	9:47s	Jack Prestrud	1998
	50-59	11:16s	Graham Harris	1995
	60 & up	13:08:87s	Armando Brionez	2013
Women's 3000m	9-10	13:31s	Carla Widman	2000
	11-12	12:27s	Alanna Steele	2002
	13-14	11:22s	Sara Thon	2000
	15-16	10:56.3s	Camille Connelly	1998
	17-18	10:49S	Ashlee Vincent	2000
	19-29	11:45s	Anika Fain	1995
	30-39	12:18s	Shannon Hamilton	2003

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Event	Age Group	Record	Name	Year
	40-49	12:42s	Julie Steele	2002
	50-59			
	60 & up			
Men's 5000m	11-12	18:32s	Sam Gillman	2009
	13-14	16:57	Landon Sturdevant	2017
	15-16	15:40s	John Rodeheffer	2013
	17-18	15:03s	Lee Gerge	2012
	19-29	16:35s	Justin Burgess	2016
	30-39	15:57.7s	Doug Whan	1996
	40-49	16:46s	Alain Salomon	2015
	50-59	16:34s	Bill Rodeheffer	2012
	60 & up	20:01.6s	Leslie Sharpe	2017
Women's 5000m	9-10	20:16s	Serena Tyran	2012
	11-12	19:49s	Emmi Sullivan	2014
	13-14	18:15s	Ruby Watson	2012
	15-16	24:42s	Ann Richter	
	17-18	19:49s	Emily Rust	2000
	19-29	17:36s	Katelyn Steen	2016
	30-39	18:34s	Alma McMurty	2017
	40-49	19:12s	Catie Rodeheffer	2012
	50-59			
	60 & up			
Men's 50mh	4 & under	10.2s	Peter Albert	2010
	5-6	9.22s	Ethan Schilling	2010
	7-8	7.6s	Wolly Lallas	2003
	9-10	8:01s	Ben Peterson	2009
	11-12	7.11s	Stephen Dixon	2010
Women's 50mh	4 & under	10:48s	Tahlia Raymond	2011
	5-6	9.3s	Emma Lallas	2002
	7-8	8.7s	Tiffany Welsh	1996
	9-10	8.13s	Sarabeth Pemble	2007
	11-12	7:47s	Diana Haass	2013
Men's 110mh	13-14	16.1s	Stefan Kulpa	1999
	15-16	16.1s	Ryan Hong	1996
	17-18	15.1s	Eric Dudley	1996
	19-29	14:7s	Josh Freeman	2009
	30-39	17.9s	Rob Widman	1996
	40-49	17.4s	Rob Staveland	1995
	50-59	18.8s	Daryl Smiley	1995
	60 & up			
Women's 100mh	13-14	16.6s	Carrie Larson	1995
	15-16	16.07s	Abigail Koenig	2017
	17-18	17.2s	Jessica Suddaby	2005
	19-29	14.2s	Amy Cameron	1996
	30-39	19.6s	Penny Sanford	1999
	40-49	21:06s	Denise Koenig	2016
	50-59			
	60 & up			
Men's High Jump	7-8	3'10"	Andrew Price	2002
	9-10	4'3"	George Kordas	2015
	11-12	5'4"	Brandon Melvin	2009

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Event	Age Group	Record	Name	Year
	13-14	5'6"	Stefan Kulpa	1999
	15-16	6'5"	Wes Holt	1999
	17-18	6'9.5"	Jas Gill	2000
	19-29	6'10"	Nathan Lindeman	2001
	30-39	6'1"	Jim LeVain	2000
	40-49	5'10"	Blair McHenry	2002
	50-59	5'7"	Scott Rick	2016
	60 & up	4'6"	Rory Hedrickson	2017
Women's High Jump	7-8	4'10"	Lily Koll	2011
	9-10	4'4"	Amy Vicic	2007
	11-12	4'9"	Angela Burt/Lisa MackCarla Vicic	1995/1995/2006
	13-14	5'2"	Karly Neven/Carla Vicic	2003/2007
	15-16	5'3"	Angie Alvord	2003
	17-18	5'0"	Kim Bascomn/Ilea Dibble	2001/2014
	19-29	5'8"	Stacey Cowan	2006
	30-39	4'8"	Natalie Peck	2014
	40-49	4'4"	Deanna Lickey	1997
	50-59	3'10"	Meg Metzger	2014
	60 & up			
Men's Pole Vault	9-10	8'3"	Josh Henrie	1988
	11-12	10'9"	Josh Henrie	1990
	13-14	13'0"	Josh Henrie	1992
	15-16	15'0"	Matt Clifford	2000
	17-18	16'0"	Matt Clifford/McKane Lee	2002
	19-29	16'7.25"	Scott McCoy	2009
	30-39	15'	Casey Halik	2014
	40-49	12'11"	Dick Henrie	1996
	50-59	13'0"	Mike Mikas	2002
	60 & up	10'	Dale Dunford	2015
Women's Pole Vault	9-10			
	11-12	8'0"	April Cruikshank	1999
	13-14	10'6"	Kristen Webber	2011
	15-16	12'2"	Kirsten Webber	2012
	17-18	13'4"	Kristen Webber	2014
	19-29	12'6"	Gabrielle Duclos	2007
	30-39	7'0"	Laura Sebastiani	2006
	40-49	6'0"	Daphne Scott	2009
	50-59			
	60 & up			
Men's Long Jump	4 & under	7'6.75"	Grant Scarlett	
	5-6	10'0"	Ben Woodruff	1996
	7-8	14'5"	Aaron Dickson	1995
	9-10	14'3"	Brenden Dillon	2001
	11-12	15'11.5"	Achilles Wynn	2004
	13-14	18'11"	Mike Rawlins	1999
	15-16	21'3"	Mike Rawlins	2001
	17-18	20'5.5"	Tim Harasti	2002
	19-29	20'7.5"	Eric Dudley	2007
	30-39	19'4"	Greg Font	2001
	40-49	18'7"	Greg Font	2002
	50-59	14'6"	Grant Lamote	1996

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Event	Age Group	Record	Name	Year
	60 & up	13'1"	Jim Sanford	1998
Women's Long Jump	4 & under	7'1"	Holly Knutsen	1995
	5-6	9'1"	Alegra Alamillo	1997
	7-8	11'1"	Amy Vivic	2005
	9-10	13'8"	Angela Burt	1995
	11-12	14'7"	Kris Nelson	2005
	13-14	16'0"	Carrie Larson	1996
	15-16	17'3"	Lauren Kurtz	2014
	17-18	17'10"	Kaylee Gardner	2003
	19-29	15'8.5"	Jane Wallace	
	30-39	16'4"	Jan Flint	1996
	40-49	10'10"	Meg Metzger	2010
	50-59	12'4"	Daphne Scott	2011
	60 & up			
Men's Triple Jump	9-10	28'0"	Russel Mayert	1997
	11-12	33'0"	Todd Buckley	1996
	13-14	36'2"	Stefan Kulpa	1999
	15-16	42'3.5"	Matt VanderArk	2003
	17-18	42'5"	Jas Gill	1999
	19-29	42'8"	Jeff Larrabee	1996
	30-39	38'11"	Greg Font	1996
	40-49	37'5"	Greg Font	2002
	50-59	29'3"	Bill Roheheffer	2009
	60 & up	20'3"	Rory Hedrickson	2017
Women's Triple Jump	9-10	28'9"	Carla Vivic	2006
	11-12	31'0"	Lauren Kurtz	2010
	13-14	33'4"	Carrie Larson	1996
	15-16	39'2"	Cheryl Chow	2014
	17-18	36'0"	Kaylee Gardner	
	19-29	33'0"	Zoe Peterson	2014
	30-39	25'11"	Jan Flint	1996
	40-49	16'8"	Hanna Santamaria	2005
	50-59			
	60 & up			
Men's Shot Put	4 & under	26'10"	Peter Albert	2010
	5-6	60'7"	Spencer Lloyd	2007
	7-8	72'3"	Shane Jameson	2009
	9-10	44'1"	Elijah Diacagiannis	2012
	11-12	39'5"	Blair West	2001
	13-14	36'0"	Dawson Rothenbuhler	2017
	15-16	45'1"	Dan Carter	2002
	17-18	49'11"	Steven Ayers	2006
	19-29	49'1"	Ben Elder	2010
	30-39	35'	Justin Bronn	2013
	40-49	45'1.25"	Dennis James	2007
	50-59	38'2"	Dick Henrie	2002
	60 & up	37'5.5"	Michael Radford	2016
Women's Shot Put	4 & under	16'	Natalya Dufour	2014
	5-6	33'0"	Madeline Bryan	2004
	7-8	38' 7"	Adriana Phillips	2016
	9-10	45'7"	Ella Meade	2012

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Event	Age Group	Record	Name	Year
	11-12	39'11"	Danica Foster	2012
	13-14	33'11"	Eilish MacDonald	2009
	15-16	37'4"	Gina Flint	2011
	17-18	46'10"	Gina Flint	2013
	19-29	132'4"	Erica Rance	2008
	30-39	35'10"	Carol Geertsma	2003
	40-49	31'0"	Judy MacDonald	2007
	50-59	26'9"	Regina Campbell	2009
	60 & up			
Men's Discus	4 & under	28'4"	Torin Frazier	2013
	5-6	49'6"	Eli Goodbuffalo	2014
	7-8	80'5"	Mel Ketteridge	2009
	9-10	63'11"	Brenden Dillon	2001
	11-12	96'2"	Thayne Yazzre	2003
	13-14	126'3"	Matt Clifford	1993
	15-16	137'4.5"	Nick Majeski	2009
	17-18	148'3"	Marques Reynolds	2012
	19-29	157'3"	Tony Hoiby	1996
	30-39	123'8"	Jarrod Roberts	2012
	40-49	127'4.5"	Chris Friday	2003
	50-59	110'2"	Dick Henrie	2002
	60 & up	98'10"	Jim Newcomb	1996
Women's Discus	4 & under			
	5-6	39'11"	Serena Tyran	2009
	7-8	65'10"	Kaci Jones	2002
	9-10	52'5"	Allie Hovde	2010
	11-12	71'11"	Jalissa Clifford	2003
	13-14	92'0"	Bobby Brar	1996
	15-16	137'4"	Gina Flint	2011
	17-18	164"	Gina Flint	2013
	19-29	162'4"	Bethany Drake	2015
	30-39	96'0"	Dena Dawson	2000
	40-49	65'2"	Sarah Rothenbuhler	2013
	50-59	69'8"	Daphne Scott	2011
	60 & up			
Men's Javelin	9-10	87'5"	Peter Day	1996
	11-12	107'5"	Tony Anderson	1996
	13-14	125'11"	Ben Broselle	2013
	15-16	161'4"	Zack Marr	1999
	17-18	180'2"	Matt Constantino	2003
	19-29	203'4"	Baron Tucker	1996
	30-39	153'9"	Ron Richard	2005
	40-49	145'4"	Mark Gubrud	2000
	50-59	113'10"	Bill Roheheffer	2009
	60 & up	81'2"	Chuck Millman	2001
Women's Javelin	9-10	72'7"	Alyssa Hendrickson	1998
	11-12	82'9"	Jasmine Vail	2005
	13-14	77'4"	Eric's Dahl/Katie Mayert	1996
	15-16	101'3"	Jessi Ichbac	2003
	17-18	107'	Kelii Kau'i	2012
	19-29	140'5"	Monika Gruszecki	2011

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Event	Age Group	Record	Name	Year
	30-39	131'2"	Carol Geertsma	2003
	40-49	54'0"	Lisa Benner	2016
	50-59	64'9"	Daphne Scott	2017
	60 & up			
Men's Rocket	4 & under	26'0"	Erin Yake	2002
	5-6	43'4"	Spencer Lloyd	2006
	7-8	64'10"	Spencer Lloyd	2009
	9-10	82'0"	Wyatt Watson	2010
	11-12	101'1.5"	Jesse Scott	2002
Women's Rocket	4 & under	15'11"	Brittany Bergquist	1999
	5-6	42'10"	Fiona Dawson	2006
	7-8	65'10"	Kaci Jones	2002
	9-10	58'2"	Madeline Cassar	2006
	11-12	73'9"	Jasmine Vail	2005