



Parks and Recreation Department  
City of Bellingham

## Camp TEAM Participant Packet

### Are you ready for Camp TEAM? Here is your camp checklist:

- Complete and return the Participant Information Form by **April 24:**
  - Click on the link and fill out the online Participant form: <https://forms.office.com/g/6DTzzSMdAB>
  - If you fill out the form on paper, take a clear photo, and send to [arcaldwell@cob.org](mailto:arcaldwell@cob.org)
- Write down our emergency cell phone number for Camp TEAM: (360)-595-3728
- Rain/wind jacket and sun hat (i.e. dress for the weather)
- Filled water bottle
- Sunscreen spray
- Lunch & snacks (Allergen notice: pack foods that don't contain nuts)
- Optional water and beach play: Swimsuit, towel, and water shoes

### General Information

Camp TEAM was created to provide an outrageously fun time where adults of all abilities can play and experience outdoor and crafty activities together. Here are some things to know about camp:

### What will Camp TEAM look like?

Camp TEAM participants join 30-40 students from Western Washington University's Recreation Program over the two-day camp. Together we will play games, do arts and crafts, and enjoy outdoor activities. Camp TEAM will end on Friday afternoon with karaoke provided by Glitt3r Lyfe's DJ Aireekah!

### Where is Camp TEAM?

Camp TEAM will take place at Bloedel Donovan Park.

### What are the daily schedules?

#### Thursday, May 7

- 9am-1pm Adaptive kayaking with the Community Boating Center & activities led by WWU Rec students
- 1-2pm Lunch time (bring your own lunches)
- 1-4pm Activities led by WWU Rec students

#### Friday, May 8

- 9am-12pm Activities led by WWU Rec students
- 12-1pm Lunch time (bring your own lunches)
- 1-2pm Songs & Games
- 2-4pm Karaoke with DJ Aireekah of Glitt3r Lyfe

### I will bring an EpiPen to camp, do I need to report it?

Any participant who brings an EpiPen to camp, also needs to bring a written note from their doctor indicating specific allergens and dosage of epinephrine.

### I take medication, how is that handled?

- Please indicate the medication you are taking on your Participant Information Form
- All medicine needs to be in its original prescription bottle and only one daily dosage should be sent each day
- **We cannot carry or administer medications;** medication should be kept in/with participant's possessions

### More questions?

Feel free to send an email to Rosa Caldwell and [arcaldwell@cob.org](mailto:arcaldwell@cob.org) or call/text (360)-595-3728