

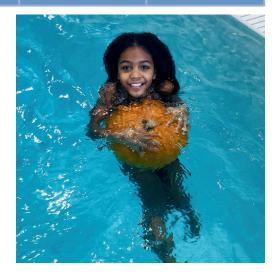
## Closures: Sept. 2, Nov. 11, 28-Dec. 1, Dec. 24-26, Jan. 1 - All day and Oct. 25, 2:30-7:00pm

Lap Swimming, Deep Water Running, Water Aerobics, Preschool Swims, Family Swims, and Open Swims are all drop-in programs. First come, first served. Programs and information subject to change.

Type of Swim	Mon-Thu	Fri	Sat-Sun
<b>Preschool Swim</b> - Intended for families with smaller children to swim and play in the instructional pool. *Instructional pool is shared with other programs.	6:00am - 1:30pm 3:00pm - 5:00pm 7:15pm - 9:00pm	6:00am - 1:30pm 3:00pm - 9:00pm	
Lap Swim - Number of lanes will vary. Circle swimming required with more than 2 swimmers in one lane. *Lap pool shared with other programs.	6:00am - 3:30pm 7:15pm - 9:00pm	6:00am - 3:30pm 7:15pm - 9:00pm	1:00pm - 6:00pm
<b>Deep Water Running</b> *Dive tank is shared with other programs.	6:00am - 1:30pm 7:15pm-9:00pm	6:00am - 1:30pm 7:15pm-9:00pm	1:00pm - 2:30pm
<b>Family Swim</b> - Play time in the pools. The diving board is available. No waterslide during this swim.	1:30pm - 3:00pm	1:30pm - 3:00pm	
<b>Open Swim</b> - Play time in the pools. The diving board and waterslide are available.			2:45pm - 4:15pm 4:30pm - 6:00pm
<b>Kayaking</b> - Practice rolls and turns in warm water, with lifeguards for safety. Must provide your own kayak. Max 6 kayaks.			1:00pm - 2:30pm
Instructor-led Classes	Mon-Thu	Fri	Sat-Sun
Water Aerobics - Low-impact fitness class for all ages and abilities. Max 40.	8:30am - 9:30am 10:00am - 11:00am	8:30am - 9:30am 10:00am - 11:00am	

Admission Fees						
	1 Admission	10 Admissions	3-Month	Annual		
Youth/Senior/Disabled	\$5	\$45	\$150	\$500		
Adult	\$6	\$54	\$180	\$600		
Family/Household	\$15	\$135	\$450	\$1500		

- Single admission is valid for one activity only ~ 10-visit passes valid for 1 year. ~ Documentation must be provided for discounted rates.
- Youth: Under 18; Senior: 62 & older; Family/Household fees valid for 3-6 members living in the same household.



## Website: cob.org/ahac | Phone: (360) 778-7665