

## MAYORAL PROCLAMATION

**WHEREAS**, behavioral health (mental health and substance use disorders) is an essential part of one's overall health and wellness; and

**WHEREAS**, preventing and overcoming behavioral health disorders is essential to achieving healthy lifestyles both physically and emotionally; and

**WHEREAS**, National Recovery Month is an avenue to provide resources and information about how to prevent behavioral health issues, recognize the signs of a disorder, and guide those in need to appropriate treatment and recovery support services; and

**WHEREAS**, this year's National Recovery Month theme, "Join the Voices for Recovery: Invest in Health, Home, Purpose and Community," highlights the important role we each have in supporting the people around us; and

**WHEREAS**, we recognize that those in treatment should have the same access to treatment options and follow-up support that those with other medical conditions receive; and

**WHEREAS**, Medication Assisted Treatment (MAT) is the scientifically recognized treatment protocol for opioids and those receiving MAT services should be considered in recovery; and

**WHEREAS**, to help more people achieve and sustain long-term recovery, the City of Bellingham invites all residents to participate in National Recovery Month.

NOW, THEREFORE, DO I, Kelli Linville, Mayor of the City of Bellingham, proclaim September 2018

## **RECOVERY MONTH**

in the City of Bellingham, Washington.

Signed this 29th of August, 2018

Kelli Linville, Mayor City of Bellingham

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